



ZINNIA WELLNESS, INC. BENEFIT LIASONS and CONTACT Information

The contact information below is listed for your convenience. In most cases, it will be faster and easier to direct your questions to your Zinnia Benefits Coordinator in HR. If the Zinnia Benefits Coordinator is unable to assist you or is out of the office, you may also reach out to the contacts below.

AFLAC:

www.aflac.com

Jamie Wood- Aflac - District Sales Coordinator
j_wood@us.aflac.com
242 Heritage Park Dr.
Ste. 108
Murfreesboro, TN 37129
(615) 306-3533

Blue Cross Blue Shield:

www.benefits-inc.com

Brian Shirk- BC/BS Rep- Benefits, Inc.
bshirk@benefits-inc.com
Office: 615-446-3303
Fax: (615) 446-6503

The Standard Life Insurance:

www.standard.com

Lauren Fuller- The Standard Rep
lauren.fuller@standard.com
Office: 704-716-2860
Office: 800-628-8600
Fax: 888-414-0389

401K Retirement Plans:

www.principal.com

1.800.547.7754
Principal Financial Group
PO Box 9394
Des Moines, IA 50306-9394

Verizon:

Use your "MyVerizon" App on your phone or via your desktop

931-506-5211
1-800-279-3550

Also at:
633 N. Chancery St.
McMinnville, TN 37110

Zinnia Wellness, Inc.
zinniawellness.com

103 Ruby Street
McMinnville, TN 37110

O (931) 507-2700
F (931) 507-2701